

Eat 2 Succeed

Week 1



Monday

Soup of the Day
Creamy Leek & Parsnip
With homemade bread

Traditional Dish
Thai Green Chicken

Vegetarian Option
Sweet & Sour Vegetables

Sides
Steam Rice
Broccoli
Steamed Carrot

Pasta bar
Penne Arabiata

Dessert
Chocolate Shortbread

Tuesday

Soup of the Day
Chicken Noodle
With homemade bread

Traditional Dish
Beef Hot Pot topped with
Herb Potatoes

Vegetarian Option
Seasonal Vegetable Pie

Sides
Parsley Potatoes
Peas
Sweet corn

Jacket filling
Sweet Potato
Mustard Turkey

Dessert
Fruit Salad

Wednesday

Soup of the Day
Roasted Tomato & Red
Pepper
With homemade bread

Traditional Dish
One Pot Fruity Lamb
Tagine

Vegetarian Option
Moroccan Vegetable Stew

Sides
Coriander rice
Beans
Cauliflower

Pasta bar
Cheesy Mushroom

Dessert
Tiramisu

Thursday

Soup of the Day
Carrot & Ginger
With homemade bread

Traditional Dish
Roast Gammon & Red
Onion Jus

Vegetarian Option
Stuffed Pepper with
Balsamic Reduction

Sides
Roast potato
Honey glazed carrot
Parsnips

Jacket filling
Sweet Potato
Chicken Curry

Dessert
Pear & chocolate crumble

Friday

Soup of the Day
Roasted Butternut
With homemade bread

Traditional Dish
Cod Fish Fingers

Vegetarian Option
Spicy Beans Burger

Sides
Chips
Garden Peas
Baked Beans

Jacket filling
Baked Beans

Dessert
Blackcurrant Jelly

COOK

DRAKE

SCOTT

SHACKLETON